



## Module 1: Getting to Know the Kentucky Academic Standards (KAS) for Health Education and the Kentucky Academic Standards (KAS) for Physical Education

- **Design of Module 1:**
  - The driving force of this module is to provide educators with a resource for developing a deeper understanding of the new standards. Educators at the school and district level may feel a great urge to dive in and start aligning programs (instruction, assignment, assessments, etc.) to the new standards as soon as the regulatory process concludes. Utilizing this module before beginning standards alignment work is recommended in order to capitalize on the opportunity to improve teaching and learning.
  - This module is designed to be administered in 45 min PLC sessions; however, the timeline and work sessions can be adjusted to best fit the systems schools and districts already have in place.
  - Module facilitators might be a department chair, teacher leader or curriculum specialist, etc. With that in mind, the facilitator notes include content information and potential talking points intended to provide support to facilitators who do not have extensive experience with health education or physical education.
- **Goals of Module 1:**
  - Build a shared understanding of the *KAS for Health Education* and *KAS for Physical Education* documents.
  - Strengthen the connection between the components of the *KAS for Health Education* and *KAS for Physical Education* and the way those components can support educators in the process of designing instruction.
  - Experience how the changes in the *KAS for Health Education* and *KAS for Physical Education* can and will be reflected in student experiences within Kentucky classrooms.
  - Identify and prioritize areas where future professional learning opportunities will be needed in the implementation process with the new *KAS for Health Education* and *KAS for Physical Education* and discuss the plan to address those areas.
- **Section 1A: Revision Process Overview**
  - Essential idea: To provide the legislative impetus around standards revisions (SB1, 2017) and a general overview of the role Kentucky educators played in the revision process.
- **Section 1B: Understanding the Architecture of the *KAS for Health Education***
  - Essential idea: To provide the location of key components of the architecture and to have participants consider how each component generates opportunities to engage with different stakeholders.
  - Provides focused highlights on the architecture of the health education standards including
    - Grade-level Overviews
    - The Standards
    - The Practices
    - The Performance Indicators

- **Section 1C: Planning Instruction Aligned to the *KAS for Health Education***
  - Essential idea: To look more closely at some of the resources that can support educators when designing instruction that aligns with the *KAS for Health Education* and how those instructional decisions will impact student experiences within Kentucky classrooms.
  - Provides
    - Task: Connecting with the Content: *KAS for Health Education* (Parts 1 and 2)
    - Optional Task: Planning Guide for Utilizing the 2018 Drug Use Prevention Curriculum Resource Guide
    - Task: Characteristics of an Effective Health Education Curriculum Checklist
  
- **Section 1D: Understanding the Architecture of the *KAS for Physical Education***
  - Essential idea: To provide the location of key components of the architecture and to have participants consider how each component generates opportunities to engage with different stakeholders.
  - Provides focused highlights on the architecture of the physical education standards including
    - Grade-level Overviews
    - The Standards
    - The Practices
    - The Performance Indicators
  
- **Section 1E: Planning Instruction Aligned to the *KAS for Physical Education***
  - Essential idea: To look more closely at some of the resources that can support educators when designing instruction that aligns with the *KAS for Physical Education* and how those instructional decisions will impact student experiences within Kentucky classrooms.
  - Provides
    - Task: Connecting with the Content: *KAS for Physical Education* (Parts 1 and 2)
  
- **Section 1F: Wrap up & Next Steps**
  - Essential idea: To provide educators with time for reflecting upon guiding questions to plan and prioritize the work that will follow this module in order to successfully implement the *KAS for Health Education* and the *KAS for Physical Education*
  - Provides a review of the learning throughout the module, as well as:
    - Planning Guide for Participants
    - Kentucky Department of Education Feedback Survey link